



COACH Team Newsletter

Counselling to Optimize Adherence, Choice, and Honest Reporting

August 2017

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- Preparing for End Visits

Counseling at Month 12 End Visits

Some of you have already conducted a Month 12 End Visit, and many of you will be starting to have them soon. Overall, the End Visit is quite similar to the Follow-up Visits that you are now experts in, but there are a few key differences to keep in mind.

AFFIRMATION:

- Participant affirmations at the beginning and end of the session will focus on the participant having completed all of her study visits and emphasizing the important role she has played in helping us to complete the study and learn about women's choices around HIV prevention and Ring use.

HIV PREVENTION PLAN:

- When exploring the participant's HIV prevention plan, help her begin to think about the HIV prevention approaches she has used over the past year other than the Ring, and how things have gone with those approaches.
- Encourage her to use as many HIV prevention approaches as she can to lower her chance of getting HIV.
- Focus on looking ahead to think about what available approaches will be useful to her in the future. Use open-ended questions and her past experience to develop a plan for reducing her HIV risk upon completing the study.

CONFIDENCE:

- The confidence ruler will focus on her confidence in remaining HIV negative.
- Take the time to explore her questions and concerns before closing the session, to make sure she is comfortable with her HIV prevention plan. Women who have been successful using the Ring may be particularly concerned about not being able to use it anymore.

For more guidance, please Review Pages 35-41 in your Options Manual

We will spend time during the upcoming meeting in Cape Town to review the End Visit and to discuss how it might feel for the participants as well as the counselors to have these conversations given that the Ring has been very helpful to participants.